# PROGRAM

Draft 10-10-09

## PNW District – Optimist International

**October 30-31, 2009**

First Quarter Meeting, Executive Plaza Hotel, 405 North Road, Coquitlam, BC; Hotel phone: 888.433.3932

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| **Friday** | **2:30 to 8:00 p.m.** | **Registration desk open** | Ballroom Foyer |
| | **3:00 to 4:30** | **Walk 'n Talk Optimism**<br>Arrive early and pair up with a friend to help build awareness for the Coquitlam and Burnaby Optimist Clubs<br>*Please wear Optimist logo apparel* | Meet in lobby |
| | **5:00 to 7:00** | **Dinner on your own**<br>Many restaurants are in walking distance of hotel | Various locations |
| | **7:00 to 8:00** | **Opening Session**<br>Welcome from the Coquitlam Optimist Club, the City of Coquitlam and the Pacific Northwest District<br>Storytelling – A time to tell us about one of your club programs<br>*Costumes optional* | Grand C |
| | **8:00 to 11:00 p.m.** | **Halloween Party**<br>Hospitality Room<br>*It's more fun when you dress up, but still optional!* | Spruce |
| **Saturday** | **7:00 – 9:30 a.m.** | **Registration desk open**<br>Breakfast on your own<br>*Please wear business casual or Optimist logo apparel today* | Ballroom Foyer |
| | **7:00 – 8:00** | **Past Governors Breakfast** | Ankh<br>*In restaurant* |
| | **8:15 – 9:15** | **Executive Board Meeting** | Grand A |
| | **9:30 – 10:30** | **Lt. Governor Briefing** | Spruce |
| | **9:30– 12:15 p.m.** | **Club officer training**<br>For those who did not attend training at convention | Grand A |
| | **9:30 – 11:00**<br><br>**11:15 - 12:15** | **Workshops**<br>What's new with the Optimist International Foundations?<br>– Steve Andersen, DFR<br>Building Relationships<br>– Lorraine Coots, Chair, Membership Retention | Grand B |
| | **12:30 – 1:30** | **Interactive Membership Luncheon**<br>All of the dates, activities and programs that you need to know to achieve a successful year for your club | Grand C |
| | **1:45 – 3:00** | **District Board Meeting** | Grand A-B |
| | **3:15 – 6:30** | **Free time** | |
| | **6:30 – 8:30 p.m.** | **Social at 6:30 pm /Dinner at 7:00**<br>*Business attire* | Grand C |

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